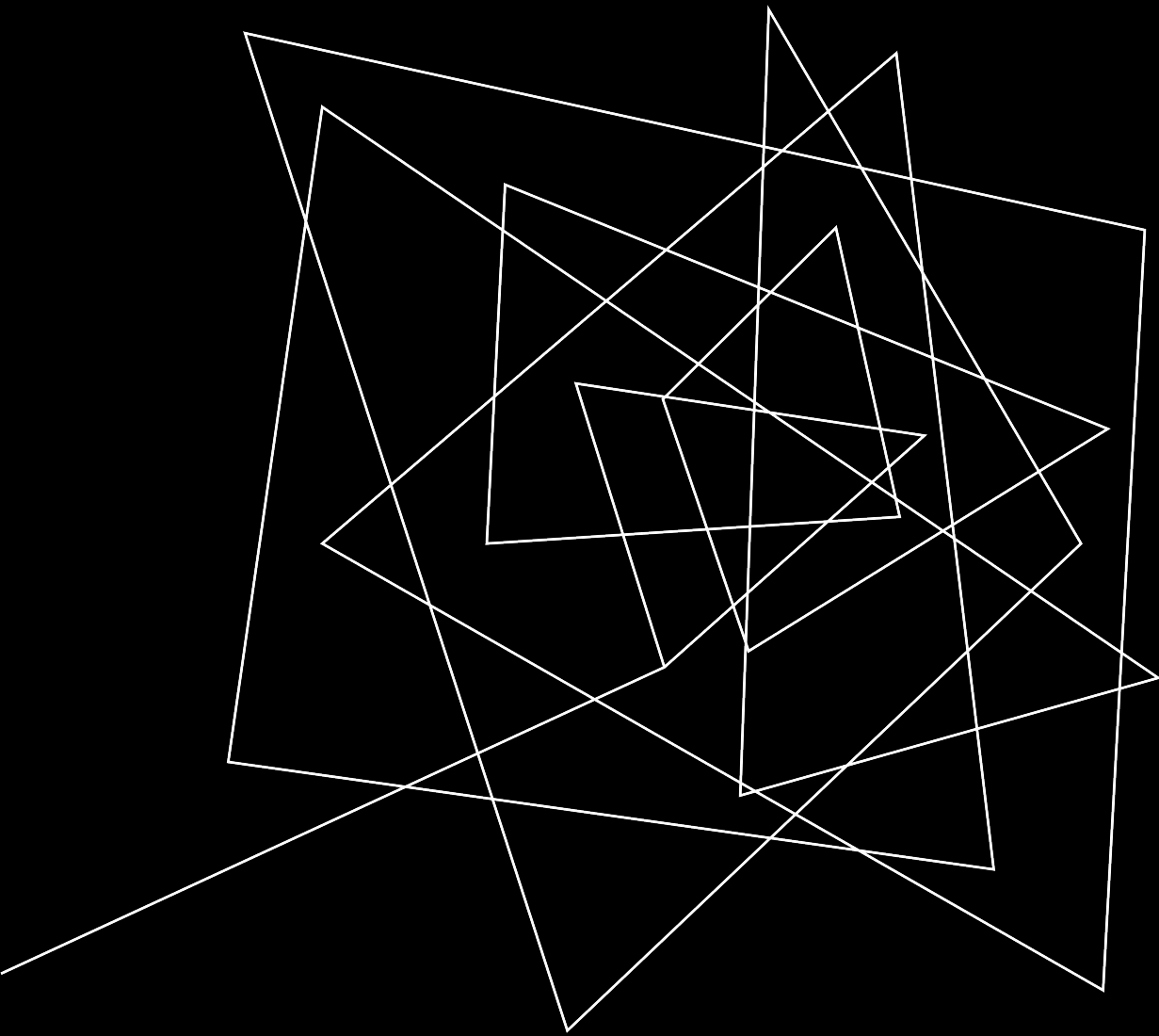


The top-left portion of the page features a complex, abstract graphic composed of several thin, black, overlapping lines. These lines form a series of irregular, interconnected shapes that resemble a stylized map or a network diagram. The lines vary in orientation, creating a sense of movement and depth. The overall effect is a modern, minimalist design element.

SUD IN MUSLIM PATIENTS

Amer Raheemullah



PRIMARY GOALS

Spiritually Responsive
Assessment

Spiritually Adapting Services

AGENDA

Introduction

Spiritually Responsive Assessments

Case Examples

Strategies for Integrating Spirituality

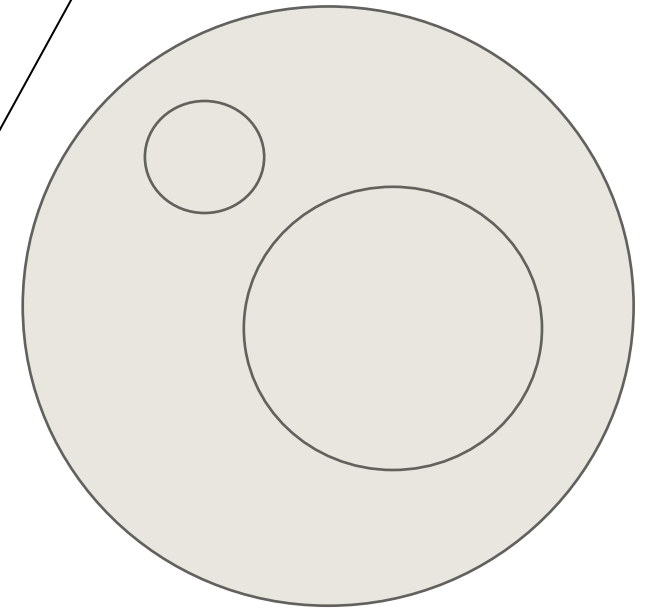
INTRODUCTION

SUD is a Human Problem

Risk Factors

Protective Factors

Treatment



H _____ Hope, Strength, Comfort, Meaning, Connection, Love

O _____ Organized Religion's Role in the Patient's Life

P _____ Personal Practices and Spirituality

E _____ Effects on Addiction Treatment or Medical Care

SPIRITUAL ASSESSMENT

H _____ Friends are supportive, making music

O _____ No religious engagement currently
Childhood - Sunday School, fasted in ramadan, prayed daily,
parents devout religiously.

P _____ Nature
Ramadan festivities
Spiritual talks

E _____ Feels bad about disappointing parents

BORN MUSLIM

H _____ Prayer in congregation, weekly ta'leem, Friday prayer,
Reading Quran, counseling, therapy, anger management
classes, 12-step groups

O _____ Played a large role, something they are actively working
towards

P _____ Synonymous with "H" and what provides them hope

E _____ Spirituality is a tool for change, organized religion is a tool for
change, large part of maintain abstinence

REVERTED IN PRISON

H ————— Prayer in congregation, weekly ta'leem, Friday prayer,
Reading Quran, counseling, therapy, anger management
classes, 12-step groups

O ————— Played a large role, something they are actively working
towards

P ————— Synonymous with "H" and what provides them hope

E ————— Shame in reconnecting to organized religious practices, major
tool in maintaining abstinence

RELAPSE

STAGES OF CHANGE

PRE	CONTEMPLATE	PREPARE	ACT	MAINTAIN
No problem Things are fine	Wants to change Lacks confidence	Ready to Change Doesn't Know How	Changing Behavior Not yet settled	Maintaining Solidifying

STAGES OF CHANGE

PRE	CONTEMPLATE	PREPARE	ACT	MAINTAIN
Connect/Alliance Keep Door Open	Normalize/Resolve Ambivalence Develop Discrepancy	Plan Change Sampling Change	Support Plan next steps	Support Keep the Door Open



73% OF US TREATMENT PROGRAMS INTEGRATE SPIRITUALITY

> 84% OF STUDIES SHOW FAITH IS A POSITIVE FACTOR IN PREVENTION OR RECOVERY

Grim BJ, Grim ME. Belief, Behavior, and Belonging: How Faith is Indispensable in Preventing and Recovering from Substance Abuse. *J Relig Health*. 2019 Oct;58(5):1713-1750. doi: 10.1007/s10943-019-00876-w.



SPIRITUALITY AND RELIGION

Spirituality

Cultivating Serenity

Resentment, Fear, Anger, Loss

Courage, Patience, Forgiveness, Wisdom

Service, Selflessness

Religion

Beliefs

Practices

Institutions



TREATMENT

SUPPORT GROUPS

Understanding
Practical Tips
Support
Spirituality

PROFESSIONAL TX

Counseling
Relapse Prevention
Level of Care

MEDICATIONS

Withdrawal
Cravings



DEEN

BODY

Eating

Sleep

MIND

Beliefs

Education

SOUL

Companionship

Prayer/Reflection



SUMMARY

Human Problem

Patient-Centered

Spirituality

Treatment

A series of white, thin, overlapping geometric lines and polygons on a black background, primarily located on the left side of the slide. The lines form various shapes, including triangles and quadrilaterals, some of which are nested or overlapping each other.

THANK YOU