#### SUPPORTING MENTAL HEALTH PATIENTS: UNDERSTANDING THE LEGAL AND FORENSIC SYSTEM

December 16, 2023- Canadian Muslim Mental Health Conference Zeynep Selaman, MD, FRCPC

Royal Ottawa MH Centre/University of Ottawa

### DISCLOSURES

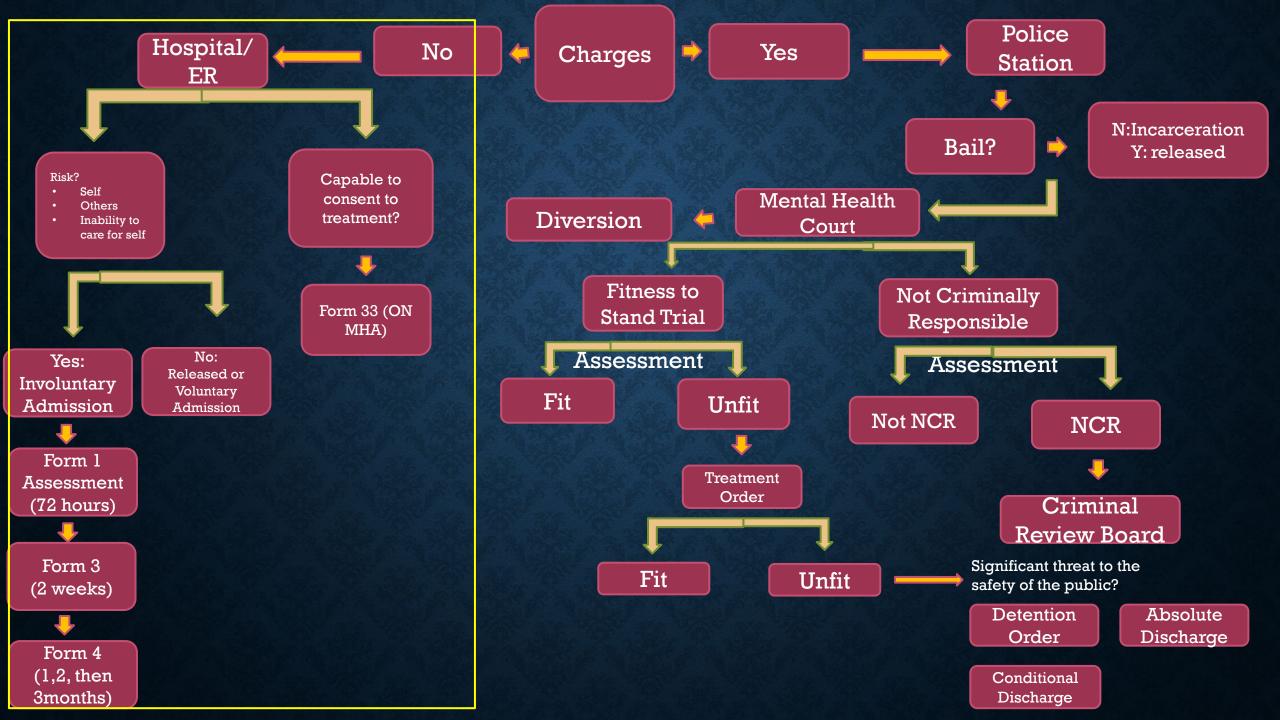
No conflicts to disclose

#### LEARNING OBJECTIVES

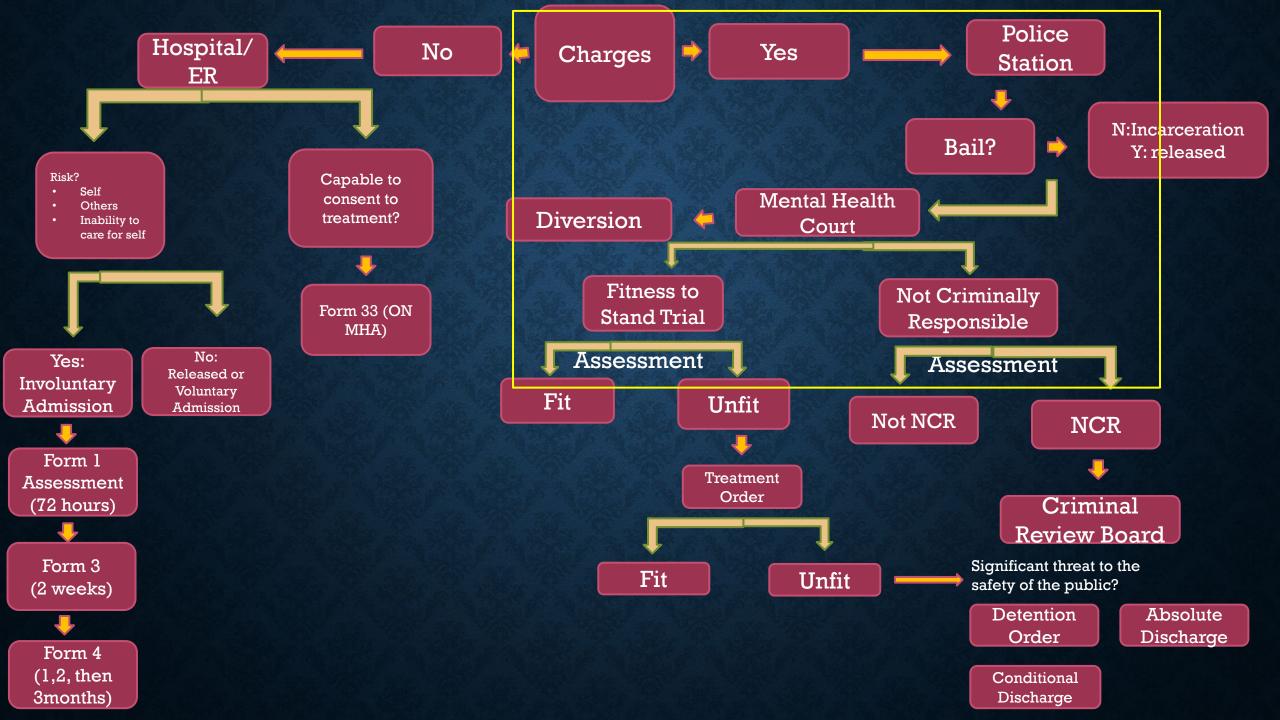
- 1. Summarize mental health law and systems in Canada.
- 2. Review legal tools for family members and mental health professional to consider when supporting a patient.
- 3. Discuss considerations for handling mental health law issues in Muslim patients.

Some of the matters discussed during this presentation will be sensitive in nature. If you're feeling overwhelmed please reach out for support.

### MR. ALI- PART 1



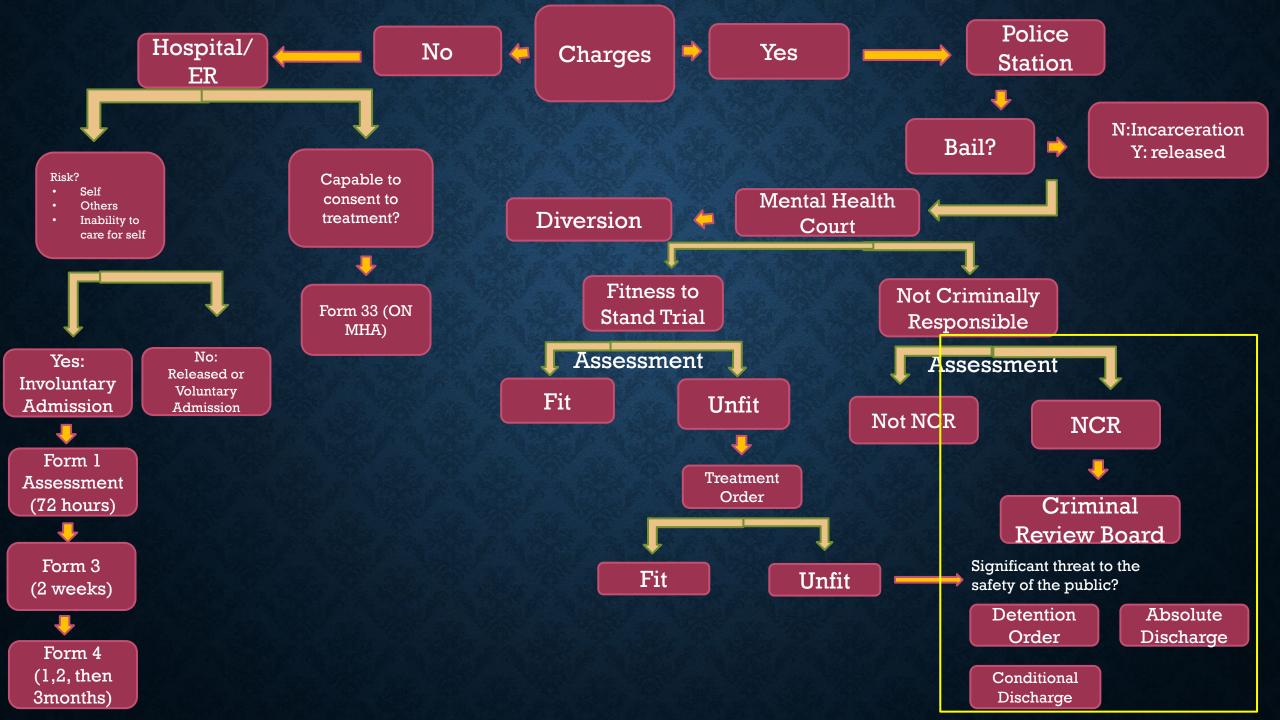
### MR. ALI- PART 2



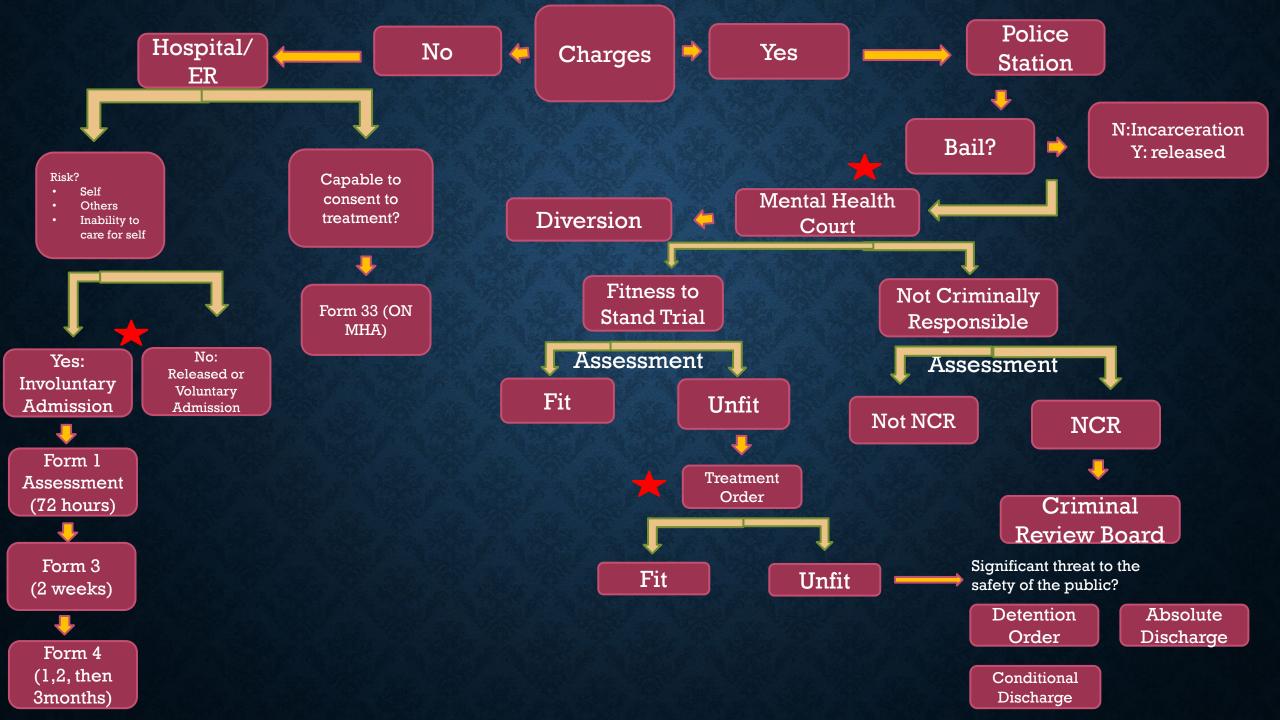
#### CRIMINAL RESPONSIBILITY

- NCR = Not criminally responsible
- Before 1991- Not guilty by reason of insanity
- After 1991- Not criminally responsible by reason of mental disorder
- "No person is criminally responsible for an act committed or an omission made while suffering
  from a mental disorder that rendered the person incapable of appreciating the nature and quality
  of the act or omission or of knowing that it was wrong." S. 16 CCC
- Balance of probabilities
- Everyone presumed to be sane unless proven otherwise
- Who can raise the issue:
  - Judge or defence
  - Crown can only after finding of Guilty (so as not to force NCR assessment without consent prior to Guilty verdict)

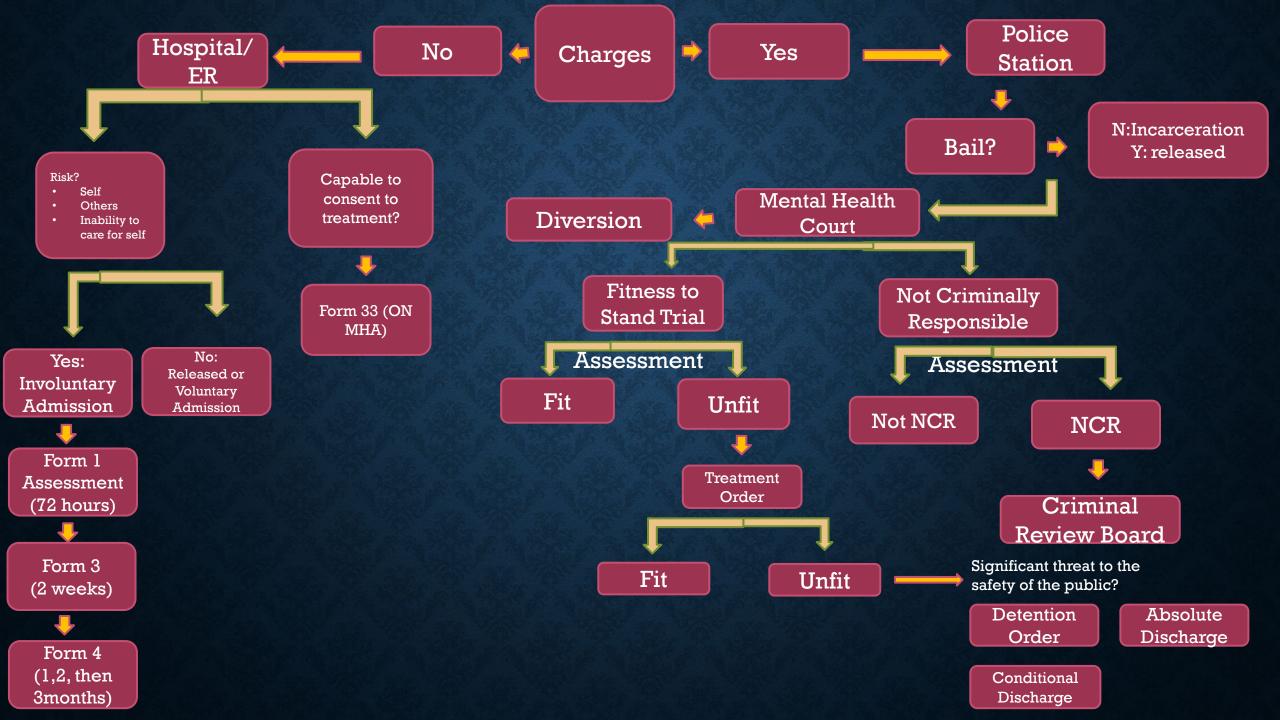
## MR. ALI- PART 3



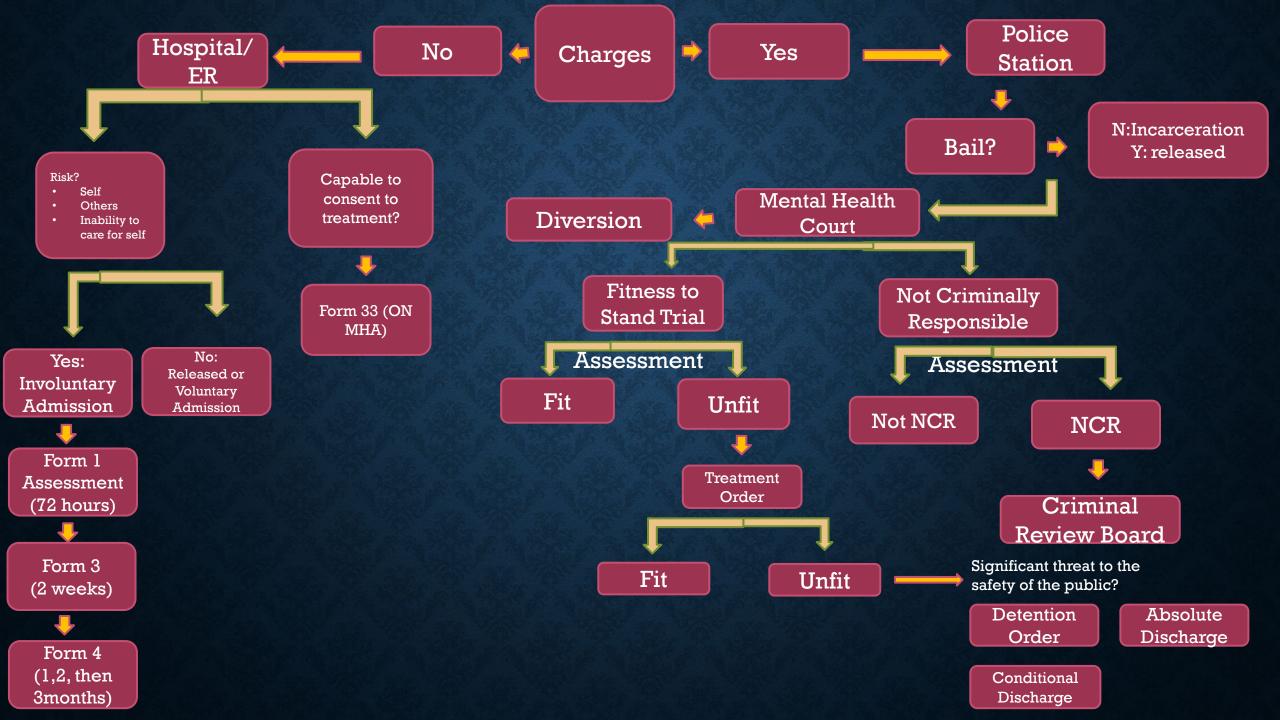
### LIMITATIONS OF THESE SYSTEMS



# WHAT FAMILY MEMBERS CAN DO TO SUPPORT INDIVIDUALS WITH A MENTAL ILLNESS AND CHARGES



## WHAT COMMUNITY MEMBERS CAN DO TO SUPPORT



#### EXAMPLE OF FORM 2 (ON MHA)



Ministry of Health

#### Form 2 Mental Health Act

serious physical impairment of the person.

#### Order for Examination under Section 16

Clear Form

To the police officers of Ontario.

Whereas information upon oath has been brought before me, a justice of the peace in and for the province of Ontario

by	
- 32	(print full name of person bringing information)
of	
	(address of person bringing information)
in resp	pect of
	(print full name or other description of person to be examined)
of	
	(home address, if known)
	A or Part B must be completed
Part A	A – Subsection 16 (1)
Inform	nation has been brought before me that such person
ha	s threatened or attempted or is threatening or attempting to cause bodily harm to himself or herself;
	s behaved or is behaving violently towards another person or has caused or is causing another person t ar bodily harm from him or her; or
ha	s shown or is showing a lack of competence to care for himself or herself.
	lition based upon the information before me I have reasonable cause to believe that the person arently suffering from mental disorder of a nature or quality that likely will result in,
sei	rious bodily harm to the person;
sei	rious bodily harm to another person, or

#### Part B - Subsection 16 (1.1)

Information has been brought before me that such person

- a) has previously received treatment for mental disorder of an ongoing or recurring nature that, when not treated, is of a nature or quality that likely will result in serious bodily harm to the person or to another person or substantial mental or physical deterioration of the person or serious physical impairment of the person; and
- b) has shown clinical improvement as a result of the treatment;

In addition based upon the information before me I have reasonable cause to believe that the person,

 is apparently suffering from the same mental disorder as the one for which he or she previously received treatment or from a mental disorder that is similar to the previous one;

6428-41 (00/12) 7530-4973

Clear Form

#### Part B (continued)

(Municipality where order signed)

given the person's history of mental disorder and current mental or physical condition, is likely to
cause serious bodily harm to himself or herself;
cause serious bodily harm to another person,
suffer substantial mental or physical deterioration of the person, or
suffer serious physical impairment of the person; and
is apparently incapable within the meaning of the <i>Health Care Consent Act</i> , 1996 of consenting to his or her treatment in a psychiatric facility and the consent of his or her substitute decision-maker has been obtained.
w therefore, I order you, the said police officers, or any of you, to take the said person in custody forthwith to appropriate place for examination by a physician.
(date of signature)

(signature of Justice of the Peace)

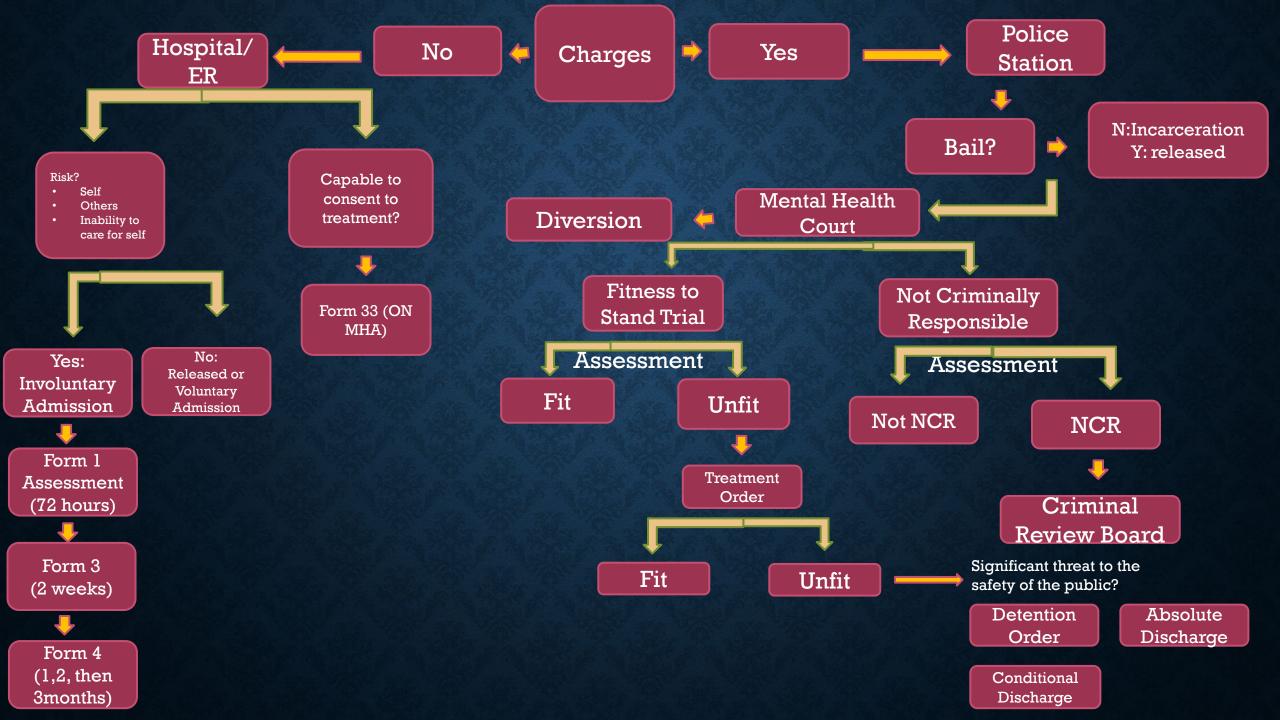
### FORM 2

Family or support can present their concerns to a justice of the peace

He/she, under section 16 of the MHA, can file a Form 2 if the Box A or Box B criteria are met

Permits for the apprehension and transport of the person, with or without their consent, to a physician for examination

#### WHAT PHYSICIANS CAN DO TO SUPPORT



## EXAMPLE FORM 1 (ON MHA)



Clear Form

Ministry of Health

My own observations:

#### Form 1 Mental Health Act

#### Application by Physician for Psychiatric Assessment

Name of physician	Ü	print name of physician)	
Physician address			
		(address of physician)	
Telephone number (	)	Fax number	( )
On	I personally examined		
(date)	recondity examined	189	(print full name of person)
whose address is			
		(home address)	
who are incapable of con	senting to treatment and meet the		ous harm test) <b>or</b> Box B (perso test) below.
who are incapable of con	senting to treatment and meet the		
Box A – Section 15(1 Serious Har	senting to treatment and meet the solution in the Mental Health Act m Test		
Box A – Section 15(1 Serious Har The Past / Present Test	senting to treatment and meet the solution in the Mental Health Act m Test		
Box A - Section 15(1 Serious Har The Past / Present Test have reasonable cause	I) of the Mental Health Act m Test (check one or more)	specified criteria	test) below.
Box A - Section 15(1 Serious Har The Past / Present Test have reasonable cause has threatened or is the	I) of the Mental Health Act m Test (check one or more) to believe that the person:	specified criteria	test) below.
Box A - Section 15(1 Serious Har The Past / Present Test have reasonable cause has threatened or is the has attempted or is at	I) of the Mental Health Act m Test  (check one or more) to believe that the person: preatening to cause bodily harm to	specified criteria himself or herse imself or herself	test) below.
Box A - Section 15(1 Serious Har  The Past / Present Test I have reasonable cause has threatened or is the has attempted or is at has behaved or is behaved.	I) of the Mental Health Act m Test  (check one or more) to believe that the person: nreatening to cause bodily harm to hi	specified criteria himself or herse imself or herself rson	test) below.
Box A - Section 15(1 Serious Har  The Past / Present Test I have reasonable cause has threatened or is the has attempted or is at has behaved or is behaved or is cause	I) of the Mental Health Act m Test  (check one or more) to believe that the person: areatening to cause bodily harm to be the tempting to cause bodily harm to his paving violently towards another per	himself or herse imself or herself rson arm from him or	lf her; or

combination of your own observations and information communicated to you by others.)

Facts communicated to me by others:  The Future Test (check one or more)  I am of the opinion that the person is apparently suffering from mental disorder of a nature or quality that likely will result in:  serious bodily harm to himself or herself, serious bodily harm to another person,	My own observations:
The Future Test (check one or more)  I am of the opinion that the person is apparently suffering from mental disorder of a nature or quality that likely will result in:  serious bodily harm to himself or herself, serious bodily harm to another person,	
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likely will result in: serious bodily harm to himself or herself, serious bodily harm to another person,	The Future Test (check one or more)
serious bodily harm to another person,	
	serious bodily harm to himself or herself,
	serious bodily harm to another person,
serious physical impairment of himself or herself	serious physical impairment of himself or herself

(Disponible en version française)

See reverse

#### Box A - Section 15(1) of the Mental Health Act Serious Harm Test (continued)

I base this opinion on the following information (you may, as appropriate in the circumstances, rely on any combination of your own observations and information communicated to you by others.)

My own observations:

Facts communicated by others:

#### Box B – Section 15(1.1) of the Mental Health Act Patients who are Incapable of Consenting to Treatment and Meet the Specified Criteria

Note: The patient must meet the criteria set out in each of the following conditions.

I have reasonable cause to believe that the person:

1.	Has previously received treatment for mental disorder of an ongoing or recurring nature that, when not treated, is of a nature or quality that likely will result in one or more of the following: (please indicate one or more)
	serious bodily harm to himself or herself,

serious bodily harm to another person,

substantial mental or physical deterioration of himself or herself, or

serious physical impairment of himself or herself;

#### AND

Has shown clinical improvement as a result of the treatment.

#### AND

I am of the opinion that the person,

 Is incapable, within the meaning of the Health Care Consent Act, 1996, of consenting to his or her treatment in a psychiatric facility and the consent of his or her substitute decision-maker has been obtained;

#### AND

 Is apparently suffering from the same mental disorder as the one for which he or she previously received treatment or from a mental disorder that is similar to the previous one; Clear Form

## Box B – Section 15(1.1) of the Mental Health Act Patients who are Incapable of Consenting to Treatment and Meet the Specified Criteria (continued)

5.	Given the person's history of mental disorder and current mental or physical condition, is likely to: (choose one or more of the following)
	cause serious bodily harm to himself or herself, or
	cause serious bodily harm to another person, or
	suffer substantial mental or physical deterioration, or
	suffer serious physical impairment
	pase this opinion on the following information (you may, as appropriate in the circumstances, rely on any ombination of your own observations and information communicated to you by others.)
M	y own observations:
Fa	cts communicated by others:

oday's date	Today's time
Examining physician's signature	(signature of physician)
This form authorizes, for a period of 7 days inclunamed and his or her detention in a psychiatric	uding the date of signature, the apprehension of the person facility for a maximum of 72 hours.
For Use at the Psychiatric Facility	
Once the period of detention at the psychiatric for	facility begins, the attending physician should note the date person a Form 42.
Once the period of detention at the psychiatric for	
Once the period of detention at the psychiatric fand time this occurs and must promptly give the	

I have made careful inquiry into all the facts necessary for me to form my opinion as to the nature and quality

(Disponible en version française)

### FORM 1

- Mandatory psychiatric assessment
- Must have personally examined the patient in the last 7 days
- Must meet the criteria of Box A or Box B
- Valid for 7 days, including the day it is signed
- Person can be detained, restrained, observed, examined for no more than 72 hours
- Must give patient a written notice (Form 42) outlining reason for detention and the right to legal counsel
  - Note the date and time it is given on the Form 1
  - Retain a copy and file it with the Form 1 in the chart
- No right to apply to the Consent and Capacity Board (CCB)

## COMMUNITY TREATMENT ORDER (CTO) – FORM 45

- Section 33.1 of the MHA
- Valid for 6 months unless renewed or terminated sooner
- Renewal is valid for 6 months
  - Must be completed before expiry or within 1 month of its expiry
- Patient must receive rights advice
- Terminated early when:
  - Physician reviews the person's condition and determines they can live in the community without being subject to the order
  - Subject fails to comply with his/her obligations
- Can order for examination under Form 47
- If consent withdrawn, physician must review the person's condition within **72 hours** to decide if the CTO is still required

## KEY LEGISLATION IN ONTARIO (FOR REFERENCE)

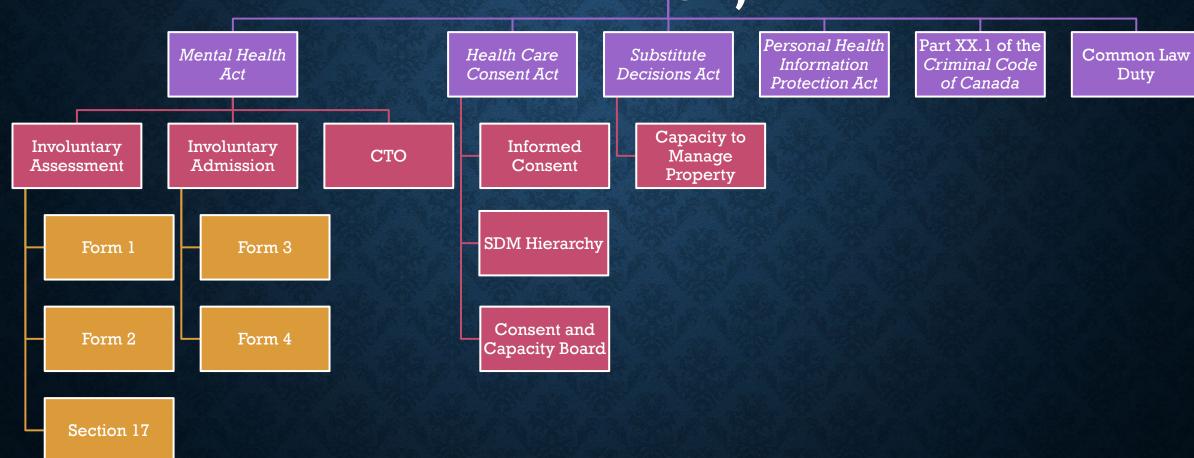


Table 1.

Criteria for involuntary admission and community options, 2016.

Jurisdiction	Definition of mental disorder	Harm criterion	Deterioration as alternative to harm	Need for treatment	Incapable of treatment decision	CTO/leave
British Columbia	Specific	Broad	Yes	Yes	No	Leave
Alberta	Specific	Broad	Yes	No	No	СТО
Saskatchewan	Specific	Broad	Yes	Yes	Yes	СТО
Manitoba	Specific	Broad	Yes	Yes	No	Leave
Ontario	Broad	Bodily	Yes (partial)	No for bodily harm. Yes for deterioration.	No for bodily harm. Yes for deterioration.	CTO & Leave
Quebec	Broad	Bodily	No	No	No	СТО
Nova Scotia	Specific	Broad	Yes	Yes	Yes	СТО
New Brunswick	Specific	Broad	No	No	No	No

# FACTORS TO CONSIDER WITH MUSLIM INDIVIDUALS IN THE LEGAL/FORENSIC SYSTEMS

## SUMMARY

## ANY QUESTIONS?